



# HOLY WEEK

## FORMAT — GUIDE

As Holy Week begins, this guide invites individuals and families to reflect deeply on the Gospel—God’s eternal plan fulfilled through Christ’s cross. Each day includes a passage to **read**, a verse to **ponder**, prompts to **consider**, and encouragement to **pray** Scripture back to God. Trust the Holy Spirit to reveal truth as you humbly engage with God’s Word, allowing it to saturate your life through meditation, conversation, and reflection. May this Holy Week draw you into deeper communion with God.

## SUNDAY | DAY 1

### Read—

Genesis 22:1-14 + John 1:29

### Ponder—

“The next day he saw Jesus coming toward him, and said, ‘Behold, the Lamb of God, who takes away the sin of the world!’”— John 1:29

### Consider—

- How does the story of Abraham and Isaac point to the death of Jesus?
- What does it mean that *Jesus is the Lamb of God*? How does that impact your understanding of salvation?
- How does trusting in Jesus as the perfect sacrifice change the way we live?

### Pray—

Father, thank You for providing Jesus—the spotless Lamb—as the perfect sacrifice. Give us faith to trust Your plan and rest in the truth that He has taken away our sin.

## MONDAY | DAY 2

### Read—

Jeremiah 31:31-34 + Luke 22:14-20

### Ponder—

“For I will forgive their iniquity and I will remember their sin no more.”  
— Jeremiah 31:34

### Consider—

- According to Jeremiah 31:33-34, what is “new” about the New Covenant? Why is this such good news?
- Why was Jesus’ blood necessary for the forgiveness of sins?
- How does knowing that God *remembers our sins no more* affect the way we approach Him?

### Pray—

Father, thank You for Jesus, who fulfilled the law, shed His blood for our forgiveness, and rose again to give us eternal hope. Help us trust in His righteousness and rest in Your grace.

## TUESDAY | DAY 3

### Read—

Hebrews 10:8-25

### Ponder—

“Therefore, since we have confidence to enter the holy places by the blood of Jesus... let us draw near with a true heart in full assurance of faith.”  
— Hebrews 10:19-22

### Consider—

- How does Jesus’ sacrifice give us access to God?
- In verses 22-25, the author encourages specific responses to this gift. Which one stands out to you, and how can you live it out?
- What does it look like to *hold fast* to our faith in daily life?

### Pray—

Father, thank You for making a way for us to draw near through Jesus. Help us trust Your promises, stand firm in faith, and encourage one another in love as we await Christ’s return.

## WEDNESDAY | DAY 4

### Read—

1 John 4:7-21

### Ponder—

“In this is love, not that we have loved God but that He loved us and sent His Son to be the propitiation for our sins.” — 1 John 4:10

### Consider—

- How does the cross display the depth of God’s love?
- What does it mean that *love originates with God* and not us?
- Since God loved us first, how should that shape the way we love others?

### Pray—

Father, thank You for showing true love by sending Jesus in our place and giving us the Holy Spirit to help us abide in that love. Teach us to love others as You have loved us, reflecting Your grace in all we do.

## THURSDAY | DAY 5

### Read—

Isaiah 46:9-10 + Acts 2:22-36

### Ponder—

“This Jesus, delivered up according to the definite plan and foreknowledge of God, you crucified and killed by the hands of lawless men.” — Acts 2:23

### Consider—

- If Jesus’ crucifixion was part of God’s plan, what does that teach us about His wisdom and purposes?
- How can God’s sovereign plan and human responsibility coexist?  
(*For further study, see Romans 9:14-23*)
- How does trusting in God’s sovereignty bring comfort, especially when life feels uncertain?

### Pray—

Father, Your wisdom is beyond our understanding, yet we trust in Your perfect plan and sovereignty. Thank You that our redemption through Christ is part of Your will and we can find comfort in You.

## FRIDAY | DAY 6

### Read—

Psalm 22:1-8, 16-18 + Mark 15:21-39

### Ponder—

“And at the ninth hour Jesus cried with a loud voice, ‘Eloi, Eloi, lema sabachthani?’ which means, ‘My God, my God, why have You forsaken me?’” — Mark 15:34

### Consider—

- Jesus experienced separation from the Father on the cross. Why was this necessary for our salvation?
- Reflecting on this past week, which new insights has God revealed to you about the depth of the gospel?
- How does the cross change the way you view suffering and hardship?

### Pray—

Father, thank You for the cross and our forgiveness through Christ’s sacrifice. Keep us in awe of the gospel, stirring deep love for Jesus and a longing for His return.

## SATURDAY | DAY 7

### Read—

Isaiah 52:13-53:12

### Ponder—

“Yet it was the will of the Lord to crush Him.” — Isaiah 53:10

### Consider—

- How does this passage reveal both the suffering and victory of Jesus?
- Which specific details in this prophecy stand out to you as pointing to Christ?
- How does understanding Christ’s suffering deepen our gratitude for salvation?

### Pray—

Father, thank You for revealing the gospel through Your Word, and for Jesus, who suffered and died for our sake. Through His sacrifice, we are forgiven— may we live in gratitude and bring glory to Your name.

For additional resources  
[mygospelcity.org/holyweek](http://mygospelcity.org/holyweek)