

Ephesians 1:11-14

The Holy Spirit Seals Believers in Christ

October 2-8
WEEK 01

DAY ONE

In him we have obtained an inheritance, having been predestined according to the purpose of him who works all things according to the counsel of his will, so that we who were the first to hope in Christ might be to the praise of his glory. // Ephesians 1:11-12

An *inheritance* is not something we can earn, but is something passed down from father to son.

Q. Why have we received an inheritance?

Q. What inheritance are we receiving?

Pray: Thank the Lord that when we are *in Him*, we obtain an inheritance that is so undeserved!

DAY TWO

In him you also, when you heard the word of truth, the gospel of your salvation, and believed in him, were sealed with the promised Holy Spirit, who is the guarantee of our inheritance until we acquire possession of it, to the praise of his glory. // Ephesians 1:13-14

Not only do we receive an inheritance that we could never earn or deserve, we also receive the Holy Spirit when we believe in Him. The Holy Spirit seals and prepares us to be united with Christ forever.

Q. What does the passage mean by saying we are “sealed in christ?”

Q. How does the Holy Spirit prepare us to be united with Christ?

Q. How do we receive the Holy Spirit?

Pray: Ask God to help you recognize the Holy Spirit in your life so that you may be made more like Jesus.

DAY THREE

And I will ask the Father, and he will give you another advocate to help you and be with you forever— the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you. // Acts 2:38

Q. Where does the Holy Spirit live?

Q. When do you receive the Holy Spirit?

Q. Do you have the Holy Spirit now? Why or why not?

DAY FOUR

But the Helper, the Holy Spirit, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I have said to you. // John 14:26

Q. According to this verse, what does the Holy Spirit do in our lives?

Q. What are some ways you know the Holy Spirit helps us?

Pray: Thank the Lord for gifting us with his Holy Spirit to help and to guide us!

DAY FIVE

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. // Galatians 5:22-23

When you agree to follow Jesus, He gives you the Holy Spirit to live inside of you. The Holy Spirit continues to work in us and to grow us to be more like Jesus.

Which one of these fruits of the Spirit is something you have seen God growing in you recently? What is He doing to grow that fruit in you?

Pray: Thank God that He has given you the power to change through the Holy Spirit. Ask Him to grow you in areas where you struggle.