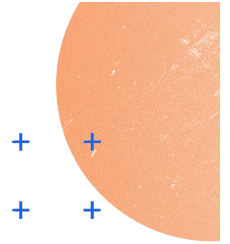




DAILY DISCIPLESHIP GUIDE

"THE GRASS WITHERS, THE FLOWER FADES,
BUT THE WORD OF OUR GOD WILL STAND FOREVER."

ISAIAH 40:8



THIS READING PLAN IS FOR YOU!

Hey Gospel City, we spent last week going through some Psalms that help us learn how to think about God in the midst of difficult circumstances. This week we are going to go through some Psalms that will help us respond to what we have learned. The Psalms are full of prayers and worship songs that urge God's people to praise Him and live for Him. So we are going to read seven Psalms that help us: worship Him, seek Him, desire Him, pray to Him, confess our sin to Him, thank Him, and experience His presence. Knowledge of God is essential for godly living; but knowledge is not an end in itself. Knowledge of God is meant to lead to us to love Him, worship Him, and live for Him. We pray that these Psalms will help you, your families, and your friends grow in godliness this week.

THE FORMAT OF THE READING PLAN WILL BE AS FOLLOWS:

READ:

Most days will have us reading in the Old and New Testaments. What you will read is living and active (Heb. 4:12). It has the power to revive your soul (Ps. 19:7). Its truth is worth more than fine gold (Ps. 19:10), and it will never fail or fade away (Is. 40:8). Go to it humbly, hear God speak, and be reminded of the Hope that you have in Jesus.

MEDITATE ON:

Simply reading the Word is like briskly walking by a warm fire on a cold night. But meditation is like sitting by the warm fire so that it lights up for your face and warms your bones. (Don Whitney, *Spiritual Disciplines for the Christian life*). Therefore, pick a verse from each section to meditate on. What does it mean? What does it say about God? What does it say about you? What do you need to do to obey? You can pick any verse. But we will suggest a verse each time in case you have trouble picking one.

DISCUSS THIS:

We do not want to just be hearers of the Word; we want to be doers of the Word as well. Ask yourself and those around you how you can apply the text, how you can obey the text, and how you can bring glory to your Father in heaven.

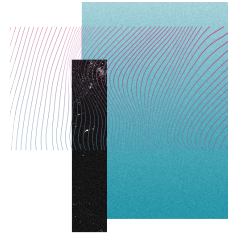
PRAY THIS:

Pray to your Father that the Holy Spirit would empower the Word of Christ to become true in your hearts, your lives, this church, and this world. Pray the Word back to God. For he always answers us when we pray according to his will (1 John 5:14). And the best way to pray according to his will is to pray his Word!



DAILY DISCIPLESHIP GUIDE

GOSPEL CITY | PSALMS



SUNDAY | DAY 1

READ: PSALM 19

MEDITATE ON:

“The heavens declare the glory of God, and the sky above proclaims his handiwork.
Day to day pours out speech, and night to night reveals knowledge.”

V1-2

DISCUSS THIS:

What are some things in God’s creation that lead you to worship Him? What are some truths in God’s Word that lead you to worship Him? (Bonus Question: What are some important things that the Bible tells us about God that we cannot learn from creation?) Before you pray, conclude your discussion by playing one of your favorite worship songs.

PRAY THIS:

Dear Father, thank you for revealing yourself to us through your world and through your Word. Give us eyes to see your glory in the heavens, your glory in the sunshine, your glory in the change of seasons, and your glory in the birds chirping. But oh Lord, help us to not be satisfied with merely seeing your fingerprints in creation. Build in us a desire and a craving to know and to behold you, the Creator. Thank you for your soul reviving, wisdom building, heart rejoicing, spiritually enlightening, fear inducing, righteous training Word. Help us to love you and become more like you, so that creation can see more of your glory through the image of your Son that is being conformed in us. Amen.

MONDAY | DAY 2

READ: PSALM 27

MEDITATE ON:

You have said, “Seek my face.” My heart says to you, “Your face, Lord, do I seek.”

V8

DISCUSS THIS:

What does it mean to seek the Lord’s face? What are some practical ways we can seek the Lord’s face today? (Be mindful of the fact that seeking someone’s face implies a level of personal relationship that far exceeds merely knowing facts about them.)

PRAY THIS:

Dear Father, help us to not fear anything or anyone but you. Help us to seek after you and you alone. Thank you for Jesus, who enables us to come into your presence today and secures our dwelling place with you for all of eternity. Thank you for the invitation to seek you. Thank you for drawing our hearts to you. Thank you for revealing yourself to us through your Word. Help us to be mindful of the glory and the holiness and the power of the face we are seeking. Help us to seek you in a way that enables us to know you, love you, fear you, cherish you, obey you, trust you, wait for you, and live for you. Your face oh Lord do we seek. Make it true in our hearts and in our lives. For apart from you we can do nothing. Amen.



GOSPEL CITY | PSALMS

TUESDAY | DAY 3

READ: PSALM 42

MEDITATE ON:

“Why are you cast down, O my soul, and why are you in turmoil within me?
Hope in God; for I shall again praise him, my salvation and my God.”

V5-6

DISCUSS THIS:

The Psalmist is downcast because unfortunate circumstances have been keeping him from gathering for worship in the house of the Lord (see v2, 4-5). What do you miss about physically gathering together for church? How has being absent from church impacted your soul? And what are some truths about God that could encourage your heart and those around you? Preach those truths to yourself and to others.

PRAY THIS:

Dear Father, help our soul thirst for you, the living God. We long to gather again with your people to sing your praises. Use this time of social distancing to renew in us a deepened gratitude for our adoption into the family of God. We long for heaven, where sickness, suffering, and Satan will be no more and where we will dwell in your presence with your people forever. But until then, help our souls to hope in you. Be our rock, our salvation, our refuge, and our God, and help us to forever sing your praises. Amen.

WEDNESDAY | DAY 4

READ: PSALM 67

MEDITATE ON:

“Let the nations be glad and sing for joy, for you judge the peoples with equity and guide the nations upon earth. Selah.”

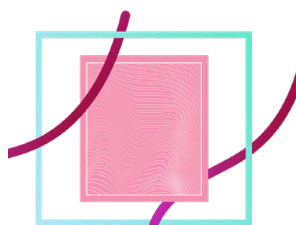
V4

DISCUSS THIS:

Most of the news about the Coronavirus only focuses on how our own country has been affected. However, the whole world has been impacted. Spend time praying for the nations. Pray that God would work through the Coronavirus to help this Psalm become true. Go to our website if you want to pray for some of our missionaries.

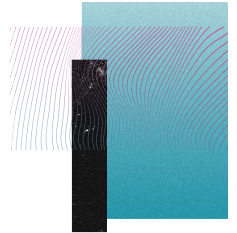
PRAY THIS:

Oh Lord, this world is dark, lost, broken, and hurting. Shine your face upon us. We are in desperate need of you. Thank you for Jesus, who is the Light of the world, the Way the Truth and the Life, and the only name under heaven by which the nations might be saved. Let the peoples praise Him. Oh Father, use this present crisis to help the nations see their need for Jesus. The world is hurting now, but those who are in Christ will have everlasting joy. Let the nations be glad. Gather worshipers for yourself. Use this pandemic to help the peoples praise you and bless you and fear you. And use us how you see fit, for your glory and our joy. Amen.





GOSPEL CITY | PSALMS



THURSDAY | DAY 5

READ: PSALM 130

MEDITATE ON:

“But with you there is forgiveness, that you may be feared.”

V4

DISCUSS THIS:

What does this Psalm teach us about how to confess our sin to the Lord? As you read and discuss, be mindful of the Spirit’s prompting to repent of any unconfessed sin to the Lord or to others.

PRAY THIS:

Oh Lord, if you treated us as we deserve, who could stand? Who could even survive the day? Who would even exist? Help us to comprehend the depths of our sinfulness. Thank you for being attentive to our cries for mercy. Thank you for Jesus, for because of his wounds we are forgiven. Help us to be broken over the destruction that our sin causes in our lives and the lives of others. Help us to marvel at what our sin cost Jesus on the cross. And help us to fear you. The fact that you are a forgiving God means that you have a standard, a standard that we all have broken. Help us to hope in you. Help us to hide your Word in our hearts that we might not sin against you. And thank you for crushing Jesus for our iniquities, so that through His chastisement we might have redemption. Oh Lord, forgive me, for I am a sinner. Amen.

FRIDAY | DAY 6

READ: PSALM 136

MEDITATE ON:

“Give thanks to the Lord, for he is good, for his steadfast love endures forever.”

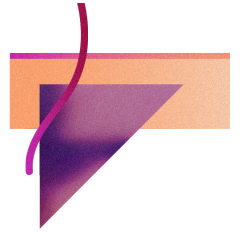
V1

DISCUSS THIS:

What are you thankful to the Lord for? As you share each thing you are thankful for, conclude by saying “for His steadfast love endures forever.” Example: I am thankful to the Lord for Gospel City Church, for His steadfast love endures forever.” (Bonus: write out your own Psalm giving thanks to the Lord for His steadfast love in your life. Follow the same structure as Psalm 136. This is not mindless repetition, this is soul saturation!)

PRAY THIS:

Thank you Lord for the breath in our lungs, for your steadfast love endures forever. Thank you Lord for revealing yourself to us, for your steadfast love endures forever. Thank you Lord for the Bible, for your steadfast love endures forever. Thank you for a church that believes your Word and teaches us to do the same, for your steadfast love endures forever. Thank you for sending Jesus to live and die and rise again, for your steadfast love endures forever. Thank you for sending your precious Holy Spirit to teach us how to live and teach us how to love, for your steadfast love endures forever. And thank you for eternal life, which will be an everlasting testimony of your steadfast love that endures forever. Amen.



SATURDAY | DAY 7

READ: PSALM 139

MEDITATE ON:

“Your eyes saw my unformed substance; in your book were written, every one of them,
the days that were formed for me, when as yet there was none of them.”

V16

DISCUSS THIS:

What does this Psalm say about what God “knows?” Make as many observations as you can. How should God’s infinite, personal knowledge of your life impact the way you think and live?

PRAY THIS:

Dear Father, who are we that the glorious God of the universe would care to search us and know us? Who are we that you would care when we sit down or rise up? Oh Lord, help us to comprehend and marvel at how big you are. How do you know every word we are going to say even before we say it? Just thinking about that makes our hearts want to sing your praises. Whenever we feel like you have forsaken us, help us to remember this Psalm. Whenever we are wondering what you have planned for our lives, help us remember you were the author of our story before we were born. Search us and know us, oh God. For our hearts are twisted and you know them better than we do. Cleanse us from our sins and lead us in the way everlasting. Amen.

