



DAILY DISCIPLESHIP GUIDE



*"THE GRASS WITHERS, THE FLOWER FADES,
BUT THE WORD OF OUR GOD WILL STAND FOREVER."*

ISAIAH 40:8

THIS READING PLAN IS FOR YOU!

Hey Gospel City, if you are like us you have probably thought by now "What is God doing through the Coronavirus?" This is a big question. In Pastor Trent's message this week, he is showing us that the Bible has answers. And we want to follow up the message with a week in some of the many passages that help us center our hearts on God in the midst of trials and suffering. Throughout history and throughout biblical history God has allowed His people to go through really difficult things. And by His grace, the Holy Spirit inspired holy men of old to write down some of their thoughts and prayers when they were in the midst of intense suffering. The Psalms are honest about the brokenness of the world, yet they teach us how to think right thoughts about God in the midst of brokenness. The goal of the Psalms is to bring God's people from lament to praise. So this week we are going to read seven Psalms that will teach us how to think about God during this season. We pray that these Psalms will encourage you and your family and lead you to worship the King of Kings.

THE FORMAT OF THE READING PLAN WILL BE AS FOLLOWS:

READ:

Most days will have us reading in the Old and New Testaments. What you will read is living and active (Heb. 4:12). It has the power to revive your soul (Ps. 19:7). Its truth is worth more than fine gold (Ps. 19:10), and it will never fail or fade away (Is. 40:8). Go to it humbly, hear God speak, and be reminded of the Hope that you have in Jesus.

MEDITATE ON:

Simply reading the Word is like briskly walking by a warm fire on a cold night. But meditation is like sitting by the warm fire so that it lights up for your face and warms your bones. (Don Whitney, *Spiritual Disciplines for the Christian life*). Therefore, pick a verse from each section to meditate on. What does it mean? What does it say about God? What does it say about you? What do you need to do to obey? You can pick any verse. But we will suggest a verse each time in case you have trouble picking one.

DISCUSS THIS:

We do not want to just be hearers of the Word; we want to be doers of the Word as well. Ask yourself and those around you how you can apply the text, how you can obey the text, and how you can bring glory to your Father in heaven.

PRAY THIS:

Pray to your Father that the Holy Spirit would empower the Word of Christ to become true in your hearts, your lives, this church, and this world. Pray the Word back to God. For he always answers us when we pray according to his will (1 John 5:14). And the best way to pray according to his will is to pray his Word!



DAILY DISCIPLESHIP GUIDE

GOSPEL CITY | PSALMS



SUNDAY | DAY 1

READ: PSALM 25

MEDITATE ON:

"All the paths of the Lord are steadfast love and faithfulness, for those who keep His covenant and His testimonies."

V10

DISCUSS THIS:

What does David's prayer teach us about the character of God? In what ways does this Psalm instruct us on how to pray when we are in the midst of a difficult or scary situation?

PRAY THIS:

Dear Father, help us to lift our soul up to you. Help us to trust you, for you are faithful. Help us to fear you more than any dangers of this world, for you are holy. Thank you for your steadfast love and mercy. Lead us in your ways and teach us your truth. Help us to always believe that all of your paths are steadfast love and faithfulness for those who keep your covenant and your testimonies. Thank you for Jesus, who kept your covenant perfectly on our behalf so that we can eternally receive your steadfast love and mercy. Amen.

MONDAY | DAY 2

READ: PSALM 34

MEDITATE ON:

"Many are the afflictions of the righteous, but the Lord delivers him out of them all."

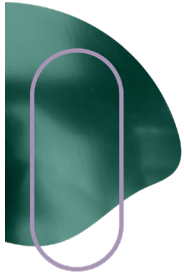
V19

DISCUSS THIS:

What does this Psalm teach us about the character of God? What does it teach us regarding how God deals with the righteous versus how He deals with the wicked?

PRAY THIS:

Dear Father, help us to praise you at all times, no matter the circumstance. Thank you for being a God who hears and answers prayers. Thank you for being good. Help us to taste and see your goodness. What would this world be if you were not good? Help us to see and believe that you are the one we are longing for. We thank you that you are a God who delivers your people from their afflictions. And we thank you for showing us that even when your people experience many afflictions, it does not change the fact that you are good and righteous and holy and sovereign. You are our deliverer. Thank you for Jesus, who makes this true in our lives. Help us to take refuge in you. Amen.



GOSPEL CITY | PSALMS

TUESDAY | DAY 3

READ: PSALM 46

MEDITATE ON:

“Be still and know that I am God. I will be exalted among the nations. I will be exalted in the earth!”

V10

DISCUSS THIS:

What are some ways we can be still and remind ourselves that He is God? What are some ways we can put this into practice today? And why does the character of God help us not fear what is going on in the world around us?

PRAY THIS:

Dear Father, we thank you that you are our refuge and strength. We thank you that you are a very present help in trouble. We thank you for Jesus—because of Him we have nothing to fear, even though the earth gives way. Though the nations rage, you are still God enthroned in the heavens. The Lord of hosts is with us. Help us to behold who you are. Help us to remember that the God who is with us and the God who promises to fight for us is the God who upholds the universe by the Word of His power. Help us to be still and know that you are God. Help us to behold who you are. Amen.

WEDNESDAY | DAY 4

READ: PSALM 90

MEDITATE ON:

“So teach us to number our days that we may get a heart of wisdom.”

V12

DISCUSS THIS:

What does this Psalm say about the “bigness” of God? What does it say about the “smallness” of man? Why are these truths important for us to ponder?

PRAY THIS:

Father, from everlasting to everlasting you are God. Help our hearts to ponder this incomprehensible truth. Help us to tremble at how marvelous and holy and eternal and glorious you are. Help us to be mindful of how fragile, finite and dependent we are. Help us to have a proper view of your eternity and our finitude, that we might gain a heart of wisdom. For what is wisdom that is not grounded in fearing you? And what better way to fear you than by realizing how much we are not like you? Thank you for revealing to us the Lord our Maker. What other being in the universe can say that? Help us to fear you and nothing but you. For you are God and we are not. Amen.





THURSDAY | DAY 5

READ: PSALM 103

MEDITATE ON:

*For as high as the heavens are above the earth, so great is His steadfast love toward those who fear Him.
As far as the east is from the west, so far does He remove our transgressions from us."*

V11-12

DISCUSS THIS:

This Psalm lists some of the many reasons why the Lord is worthy of blessing and honor and praise. What are some of the reasons that the Psalm lists? And what are some reasons in your own life that make the Lord worthy of blessing?

PRAY THIS:

Oh Father, you are worthy of glory and honor and blessing! Help our souls to bless you. For you are the great benefactor, justifier, healer, and redeemer. You are holy and merciful and loving and good and righteous and just. Your steadfast love is from everlasting to everlasting to those who fear you. Help us to fear you! Thank you for Jesus, who enables you to be just while remembering our sins no more. You are enthroned in the heavens and worthy of praise. Oh my soul, bless the Lord. All that is within me, bless your holy name. Amen.

FRIDAY | DAY 6

READ: PSALM 115

MEDITATE ON:

"Those who make them become like them; so do all who trust in them."

V8

DISCUSS THIS:

What does it look like to trust in idols? What does it look like to trust in the Lord? And in what ways has the Coronavirus proven this Psalm to be true?

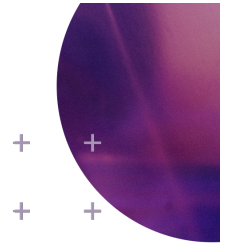
PRAY THIS:

Dear Father, help us to live for your glory and not our own. Help us to tremble at the thought of trying to steal glory that belongs to you and you alone. Your patience and humility to allow the nations to mock you and arrogantly ignore your existence so that more people can come to know you is a true testament of your steadfast love and your faithfulness. Help us to forsake our idols. Help us to see that our idols are worthless, and that you are glorious. Forgive us for ever trusting in anything other than you. Help us to fear you. Help us to trust you. Help us to praise you. Preserve us oh Lord, that we may bless your name forevermore. For your glory and our joy, amen.





GOSPEL CITY | PSALMS



SATURDAY | DAY 7

READ: PSALM 145

MEDITATE ON:

"The Lord is good to all, and his mercy is over all that he has made."

v9

DISCUSS THIS:

Look for the verbs in this Psalm. What does David say he will do for the Lord? What does David say that the Lord will do for His people?

PRAY THIS:

Dear Father, thank you that your name is worth blessing forever and ever. For you are greatly to be praised. Help us to meditate on your wondrous acts from long ago, and the mighty acts that you continue to perform today in our lives. Help us to be bold enough to tell the dying world about you, for you are good and gracious and merciful to all you have made. Help our hearts to erupt in praise, that we might bless your name and spur others on to do the same. We thank you for your sustaining love. Keep us this day, and help us to trust you for new mercies tomorrow. Amen.