



THE CURE FOR ANXIETY (SIMPLY CHURCH 3)
MATTHEW 6:19-34
JANUARY 21, 2018

GROUP DISCUSSION TIME

1) CLASHING KINGDOMS ARE COMPETING FOR MY FIRST AND BEST.

- How does a kingdom get established in our lives?
- Explain the dangers of having multiple kingdoms in our lives.

2) SIMPLICITY IS THE CURE FOR ANXIETY.

- Anxiety and simplicity have an inverse relationship. The more anxiety, the less simplicity. The more simplicity, the less anxiety. How has this been true in your life?
- It's not that we shouldn't be concerned about food, clothes or finances. Rather it is an issue of priorities. How can we protect ourselves from seeking the wrong kingdom ahead of the kingdom of God?

3) WHEN JESUS IS MY FIRST, MY TREASURE FINDS ITS PROPER PLACE.

- Which of the following strikes a chord with you the most? How can you grow in these areas?
 - "My earthly treasures will be worthless to me on the day I die."
 - "I can't take it with me, but I can send it on ahead."
 - "My heart always goes where my treasure is sent."
 - "When my eye is on the treasure I will make short term sacrifices with joy."
 - "Releasing my grip on money demonstrates my confidence in God's grip on me."