



Too Busy For Church (SIMPLY CHURCH 1)
MATTHEW 11:28-30
JANUARY 7, 2018

GROUP DISCUSSION TIME

- 1. When our lives are complicated, we get exhausted. What do you currently feel like you're running low on: time, energy, or love? Explain.**

- 2. The Greek word for church used in the Bible is "ekklesia" which means "called out of." What are the dangers of viewing church just as a building, rather than a movement of people? Explain.**

- 3. True rest comes only by accepting God's grace. Yet at times we seek false and temporary "rest" in other things. In the past year, what things did you attempt to find "rest" in? Explain.**

- 4. When you are yoked to Jesus, you shouldn't be exhausted. Jesus' yoke is easy when:**
 - You learn from the leader.
 - You pull in only one direction.
 - You never pull alone.
 - You never pull a load too heavy.
 - You never look back.

Which of the above do you have the hardest time following/remembering? Explain.

- 5. How has coming to Jesus changed your life?**

GROUP PRAYER TIME

Spend some time praying through the following as a group:

PRAISE God for his easy yoke.

REPENT from seeking to find "rest" in things outside of God.

ASK God to grow in you a dependence on Him.

YIELD to making "church" a priority in your life.

