

What is the difference between winners and losers in competition?

Do you ever feel like a loser? Why?

- Describe a time when you felt like you were losing your mind.
- Describe a time when you lost your temper.
- Describe a time when you lost perspective.

Describe the last time you got to the end of the day and felt like you won.

**1) Winners fill their mind with wisdom. Losers don't expel foolishness. (15)**

Are you a careful person? Describe a time you suffered harm because you were not carefully watching.

Wisdom is the practical application of God's truth to the component parts of my life. What do you need wisdom for?

**2) Winners fill their time with best things. Losers are too busy doing good things without God. (16-17)**

Homework: Take inventory of every hour of your week this week. At the end of the week, how many of the things would you label "evil," "good," or "best". Bring your result to your group next week for accountability.

What evidence did you see this week that the days are evil?

Are you too busy doing good things that have nothing to do with God? What good things should you stop doing so you can make the best use of the time God has given you?

**3) Winners fill their lives with God's Spirit. Losers give control to substance. (18)**

Has anyone ever told you that you drink too much?

Do you come from a church background that emphasizes the work of the Holy Spirit too little? Too much? Are you a little uncomfortable talking about the Holy Spirit?

Describe some things that you would not or could not do without being filled with God's spirit?

What would need to be emptied from your life before you could be filled with the Holy Spirit?

When was the last time you asked the Holy Spirit to fill you?

**4) Winners fill their mouths with praise. Losers complain about everything. (19-20)**

What have you complained about this week that you should be thankful for?

Do you like to sing? Do you sing unashamedly in church?

How do songs help you express what is going on in your heart?

What is the hardest thing in your life for you to thank God for?

**5) Winners fill their relationships with submission. Losers demand control. (21)**

Who do you know who needs your availability?

What has God given you that someone else needs?

Do you have trouble putting yourself under the authority of others? How do you speak about your boss outside of his presence?

Are you a controlling person? In what ways?

How does reverence for Christ motivate submission to others?

**Additional Scripture**

- Proverbs 9:10
- Proverbs 22:3
- Psalm 14:1
- 1Corinthians 6:12
- 1Corinthians 8:9
- 1Corinthians 10:23
- John 16:5-14
- Acts 16:25
- Philippians 2:3