

1) Change begins when I get a new perspective. (v. 17-19)

Describe the 2007 version of you.

Describe the 1997 version of you.

List three things that you have put off and three things that you have put on since then.

Describe the futility you have personally experienced from being...

- Darkened in your understanding
- Alienated from the life of God
- Ignorant
- Hard of heart
- Calloused
- Given over to sensuality
- Greedy for impurity

Can you point to something that happened to you that gave you a new perspective that you needed to change? What was it?

If you could change everything you wanted about yourself, describe the 2027 version of you. List three things that you would like to put off and three things that you would like to put on before then.

2) Change is possible when I receive a new nature. (v. 22-24)

Describe the effect of receiving a new nature....

- New birth
- New start
- New mind
- New desires
- New power

3) Change continues as I learn from a new teacher. (v. 20-21)

What is Christ teaching you?

What hard lessons do you have to repeat because you didn't learn it the first time?

How has he tested you?

Take time to review the "Put off...Put on" list. What are the top five things that you need to put off and put on?

Additional Scripture

- Colossians 3:7-9
- Matthew 11:29
- Mark 3:5
- Romans 1:24-28
- Hebrews 12:1
- Romans 6:6