

### **Dig In**

Insecurity is the mindfulness of the gap between who I am and who I need to be.

1. How does this world define what it thinks you need to be? What are the gaps between who you are and what the world says you need to be?
2. Would you describe yourself as a perfectionist? Why would a perfectionist be more mindful of his gaps? Why would he be more prone to insecurity? How is perfectionism fueled by pride?
3. The first step to becoming a Christian is the mindfulness of the gap between you and God. How does the gospel address the gap?
4. What things has God identified that he wants to do FOR you? What things does God want to do IN you? What things does God want to do THOUGH you? Are you mindful of the gap?
  - Spending time alone with God every day.
  - Mentoring others or leading a small group.
  - Sharing your faith with someone
  - Communicating love to your family
  - Stepping into a leadership role

### **Break Out**

1. Where are you mindful of a credibility gap? Do you tell God, "I'm not believable? How does God fill this gap? Do you have things in your past that prevent you from trusting God in your present or future?
2. Where are you a performance gap? Do you tell God, "I'm not capable."? How does God fill this gap? Is your insecurity keeping you from trusting God in what he has told you to do because you think you will fail?
3. Where are you mindful of an obedience gap? Do you tell God, "I'm not available."? How does God fill this gap? Are you expecting someone else to do what God wants you to do?
5. Insecurity is eliminated when you offer God what you have? Take inventory of what you have that God wants to use. Have you offered it to God? (time, talent, treasure, prayer, etc.)
6. Insecurity is eliminated when you accept the way God has made you. Do you obsess over things about yourself that you cannot change about yourself? Are you insecure because you have never fully accepted the way God made you?
7. Insecurity is eliminated when you are more mindful of God than the gap. Is your confidence and trust in things that can be taken away from you?

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**Additional Scripture**

- Proverbs 29:25
- 1Corinthians 4:3
- 1Samuel 15
- Psalm 91:1-2
- Psalm 20:7
- Romans 8:31-39