



Warning: This content is a touchy subject best discussed in gender specific groups (men with men, women with women). The depth of your discussion will depend on the level of trust, transparency, and vulnerability that your group has developed. If you are uncomfortable getting honest in front of a group seek out one person with whom you can be transparent and get the encouragement and prayer support that you need to live morally pure.

Say it in a sentence: Winning the fight against the power of sexual sin will protect the intimacy in your relationship with your spouse and your God.

1. God created sex without shame. (Genesis 2:25)

Do you think sex is a four-letter word?

Who or what informed your first thoughts about sex? How accurate, biblical and holy were they? How much do those inaccurate and unholy thoughts still affect you?

How have you informed your thinking with better information?

2. Sin creates sexual shame.

Until sin entered, Adam and Eve experienced no shame in their nakedness and sexuality. When they sinned they were so ashamed that they hid from God and hid their most intimate parts from one another. Have you committed sexual sin that you try to hide from God and your spouse?

Guilt is to the soul what pain is to the body. Without it we would fatally wound ourselves. With it we learn to protect ourselves from damage. Does your conscience shame you because of something in your past or present sexual sin?

Has someone sinned against you sexually in a way that brings debilitating shame? Have you asked God to replace the shame with his love and care for you?

3. Sexual sin can be defeated. (Read each of the verses before answering the questions.)

1. Receive Jesus as Lord of your sexuality. (1 Thessalonians 4:1-8)

How is your attitude toward sexual immorality distinctly different from those who do not identify with Jesus?

2. Resolve to be morally pure. (1 Peter 1:13-15)

Do you "prepare your mind for action" to win the war for moral purity each day? How?

3. Rely on the Holy Spirit. (Galatians 5:16)

How often do you consciously think of or talk to the Holy Spirit about your sexual passions?

4. Remember the consequences of sexual sin. (James 1:14-15)

Make a list of ten things that your sin does to you, your spouse, your child, and your God. Memorize the list or carry it with you. Remind those you love why they must fight against sexual sin.





SMALL GROUP QUESTIONS

5. Restrict access to temptation. (Matthew 18:7-9, Romans 13:14)

What areas of “personal legalism” do you impose on yourself? (Personal legalism is a restriction you place upon yourself that others may have freedom in Christ to allow. i.e. technology restrictions, relationship boundaries, etc.)

6. Realize you don’t have to give in. (1 Corinthians 10:13)

Do you really believe victory is possible? How have you faced a temptation in the last week and found God’s way of escape?

7. Run from every form of evil. (2 Timothy 2:22)

Describe a situation where the only way to win a moral battle is by retreating. Are you losing moral battles because you are too proud to run?

8. Recruit the help of a godly friend. (Hebrews 10:24-25)

Who is your personal accountability partner? Who comes to you for accountability?

9. Renew your mind with the Word of God. (Romans 12:1-2)

List three places in scripture where your mind could meditate to renew your mind with God’s truth.

10. Refuse to stay defeated. (Micah 7:8-9)

Do you sense the Lord calling you to rise from the place you have fallen morally? Do you still believe he loves you and will vindicate you before your moral enemy?

Do you believe that what you have done or what has been done to you sexually has damaged you forever and that you will never be sexually healthy?

Jesus names “sexual immorality” as a legitimate cause for divorce. Although he allows for divorce in the case of sexual immorality, God’s heart is always forgiveness and reconciliation toward one who is repentant. Do you stand ready to forgive your spouse for sexual immorality of which he/she confesses and repents? (This situation would certainly require a process of rebuilding trust and counsel from spiritual authorities God has established in the church.)

