

### Dig In

This passage of scripture reveals four proofs that we need a replacement righteousness. Meditate on this as you discuss each proof.

**1) Unresolved Anger: Settle your disputes with men before you try to worship God. (v.21-26).** Which one of the following tendencies do you display when you are angry? Attack or Withdrawal? Is there someone with whom you need to reconcile before you worship next Sunday?

**2) Uncontrolled Lust: Guard your body before you have a misdirected heart. (v.27-30)** What drastic steps might you need to take to guard your eyes and hands from being the doorway of lust into your heart. If you have children, what are you doing to help your daughters and son guard their hearts?

**3) Unfaithful Marriage: Remember your covenant before you divorce your spouse. (v.31-32)** How has your life been affected by divorce? Have you removed divorce as an option in your marriage? Have you told your spouse, "I will never, ever divorce you."? Have you told your kids, "I will never, ever divorce your mom/dad."?

**4) Unfulfilled Promises: Keep your word before you have to convince others you are not a liar. (v.33-37)** Do you find yourself making promises to convince others you are telling the truth? Do people have reason to question your word?

### Break Out

Read Job 31:1 Discuss how you can make a covenant with your eyes and hold each other accountable. Discuss how you protect yourself and your family from sexually stimulating media. Do you have filters on your TV, computers, and smart phones? Do you need help setting these up?

How could you apply this statement: *"I believe you believe that, but I don't believe that's accurate."*? How would this statement help you uphold truth and build someone's life this week?

Additional resources: [www.xxxchurch.com](http://www.xxxchurch.com) [www.covenanteyes.com](http://www.covenanteyes.com)

### Supplemental Scripture

Ephesians 6:4  
 James 1:20  
 Proverbs 5  
 Malachi  
 Job 31:1