

1. Why do you think there is such fascination with superheroes in our culture? Which superhero do you wish you could transform yourself into? Do you ever dream of being someone different than you are? Who do you wish you could be? Why?
2. Other than things connected with spiritual transformation, what things do you do regularly in an attempt to change yourself?
3. Read Romans 8:29-30. How concerned is God with changing you? When did He start the process? When will He finish?
4. Read 2Corinthians 3:18. What is the glory spoken of in this verse? What is the effect of beholding the glory of the Lord? What are you doing to intentionally focus on His glory? How is this changing you?
5. Read Galatians 4:19. How is spiritual transformation similar to the gestation of a baby?
6. Humanistic reasoning has offered many theories on behavior modification. There is some truth in these theories but they are incomplete. How have you been affected by humanistic thinking regarding change?
7. Read Romans 12:1-2. What is the relation between God's mercy and transformation?
8. Change happens by renewing our minds. What things are you feeding your mind with that are changing you?
9. Change begins with recognition of need. How dissatisfied are you with your spiritual progress? Are you desperate for change? What excuses have you offered for why you haven't changed? Confess these to God and cry out to Him to change you.