- 1. What issues and situations in your life do you find pressure to "get with the times, get on the right side of history, progress with the culture, etc.?"
 - How do these situations make you feel and how do you typically respond?
- 2. Paul says in 2 Timothy 1:7 that we do not have a "spirit of fear." What are the biggest fears you have as you look at the rapidly changing culture around us?
 - In which one of the three characteristics of the Spirit from 2 Timothy 1:7 do you need to grow?
 - How do you see fear in your life fighting against these characteristics?
- 3. To be "ashamed" is to view one's life as a failure. Paul wanted Timothy to refuse to see his life as a failure because of negative circumstances.
 - What measures of success are you tempted to use in your life that would lead you to believe your life has been wasted because of your commitment to following Christ?
 - How does Paul's eternal perspective in 2 Tim 1:12 encourage you to invest your life now?
- 4. Paul calls us to share in suffering for the gospel. What are some positive effects that suffering for Christ can have on you and the church?
- 5. Everything we are called to do in the midst of a dark culture (fan the flame of the gift of God, not be ashamed, and suffer) is based upon the divine power of Christ.
 - In what ways does your life "say" you don't really believe in the power of God like you say you do?
 - Read 2 Tim 1:8c-10. Which result of Christ's power do you need to meditate on this week?
 - How does this laundry list of Christ's power strengthen your heart to walk as one who is not ashamed and willing to suffer?
- 6. How have your affections for the person and work of Christ increased through this passage of Scripture?