

Read Proverbs 4:20-27

1. What are the things that you naturally provide protection over in your life? How far will you go to protect them?
2. Do you think about protecting your heart very often? How have you seen the absence of protecting your heart played out in your life? In your marriage? In your job?
3. When it comes to your words, would you say you most often speak words that build up or tear down? Are you guilty of crooked speech or devious talk? How have you seen what's in your heart be revealed in your speech?
4. What things compete for the throne of your heart? What takes your gaze, or your focus off of Jesus and puts it on something else?
5. Have you seen things come out of your heart in response to temptation and trial that you didn't know were in there? What are you facing right now that is causing you to look to the right or the left? How will you guard your heart from these things?
6. Read Hebrews 4:15-16. Does it encourage you to know that Jesus faced temptation? If you've experienced a hard time in having victory over temptation, what will you do to get your gaze back on Jesus?
7. Read James 1:2-4. How have some of the hardest things you've faced proven to make your more complete in Christ?