My thing is to keep the one thing Thing One.

Thing One is seeking nearness to the One who holds all things together.

Five things true of a person who is resolved to seek after one thing.

1) FOCUSED DESIRE – "One thing have I asked of the Lord"

- 1. What is the one thing you could do this year to increase your enjoyment of God?
- 2. What is the one thing you believe is impossible that you will ask God to do this year?
- 3. What is the one thing the Lord has given you the ability to do but you find excuses not to do?
- 4. What one thing will you do this year that will matter most in ten years? In a thousand years?
- 5. What is the most important decision you will need to make this year?
- 6. What one thing if eliminated from your life that would create capacity to do more things for the Lord?
- 7. What is the one thing you did in 2013 that you would not have done if you knew what you know now?
- 8. What one thing did you spend money on in 2013 that you wish you had not spent or given to something else?
- 9. What one thing could you do to encourage your spouse, children, spiritual mentors, and pastors?
- 10. What one thing needs to change in you this year?

2) DECISIVE ACTION - "that will I seek after"

Discuss these statements. Which is most characteristic of you?

- We move away from the Lord in small, imperceptible drifts.
- We move toward the Lord in big, intentional shifts.

3) DAILY COMMUNION - " that I may dwell in the house of the LORD all the days of my life"

What was the house of the LORD David was referring to? How much work do you think went into creating a place of undistracted corporate worship? What is our equivalent today of gathered worship? Are you serving to make Harvest a place of undistracted worship for others.

Is Harvest just a place of service for you or is it also a place of communion with God? Do you long to come to corporate worship the way David did?

4) WORSHIPFUL CONTEMPLATION – "to gaze upon the beauty of the LORD"

Are you resolved to have a daily time of private worship? What does it look like?

What habits and tools have you found most helpful?

What comes to mind when you think about the beauty of God's holiness?

What comes to mind when you think about the beauty of God's grace?

5) PRAYERFUL MEDITATION - "to inquire in his temple."

Do you have a holy curiosity? Why is this essential to seeking the LORD?

Praying the scripture keeps our prayers from growing stale and repetitive? Take time to pray through the rest of Psalm 27 by personalizing it for you and those for whom you are burdened.

Additional Scripture

• Joshua 24:15

- 1Kings 20:40
- Psalm 27:8
- Isaiah 55:6
- Jeremiah 29:13
- Ecclesiastes 12:13-14
- Mark 8:36
- Luke 10:38-42
- 1Cor. 13:3