

1) Get in! Jesus leads us into storms. (v. 23-24)

1. Jesus asks the disciples, "Why are you afraid?" How would you answer this question? What is going on in your world or in the broader world that scares you? How do you combat your fears?
2. Are you in a storm right now? Tell about it. Is your storm a result of following Jesus? Have you ever found yourself in a storm because you would not follow Jesus?
3. Tell about a time when you followed Jesus obediently into a storm? Have you thought that following Jesus would mean an easier journey? Is this true? Why do you think Jesus leads into storms?
4. Discuss this statement: "It's not the absence of storms that distinguishes followers of Jesus. It is who we discover in the storm."

2) Look up! Jesus is in the boat. (v.24)

5. Read Mark 4:8. Do you ever mistake the inactivity of God for the indifference of God? Have you questioned the goodness of God when you are in the storm?
6. Read Psalm 121:4 and Psalm 4:8. How do you sleep at night? How does Jesus model trust in His Father's control?

3) Call out! Jesus hears your cry. (v.25)

7. Read Philippians 4:6-7. Do you only pray when you are in the storm? What kind of prayer do you pray in the storm? How is this different than the prayers you pray before you get in a storm?

4) Calm down! Jesus in control. (26-27)

8. What connection does Jesus make between the size of your fear and the size of your faith?
9. How would you answer the question that the disciples asked: "What sort of man is this, that even the winds and sea obey him?" Refer to Ephesians 1:15-23 for the following description of Jesus...
 - Jesus displays immeasurable greatness. I am enlightened. (Eph. 1:19)
 - Jesus possesses unstoppable power. I am protected. (Eph. 1:20)
 - Jesus rules with unlimited authority. I am humbled. (Eph.1:21-22)
 - Jesus provides unsurpassed peace. I will believe. (Phil. 3:7, Isa. 57:20-21, Rom. 5:1)
10. How important is the connection between faith and obedience?

Additional Scripture

- Colossians 1:15-20
- John 1:1-14
- 2Timothy 1:7
- 1John 4:18