

1. Read 1 Thessalonians 5:16, Phillipians 4:4, James 1:2. Does it surprise you that joy is commanded by God? Have you thought that delight in God was optional as long as you were fulfilling your duty to God? How have you served God out of duty rather than delight?
2. Read Psalm 100:2 and Deuteronomy 28:47-48. What does God promise those who will not serve the Lord with joyfulness? Can you really afford not to be happy? How does this change your perspective of serving God?
3. Read Psalm 51:8-9, 12. Do you have any nagging sin that is stealing your joy. Will you repent and confess your sin using the model of David's prayer in Psalm 51?
4. Read Psalm 19:8 and John 15:11. How does God's Word give you joy? Are you being intentional about your time in God's Word?
5. Read John 16:24. Have you been praying specific prayers? What recent answers to prayer have you received? How has this produced joy?
6. Read Psalm 42:5. Do you listen to yourself or preach to yourself?
7. Read Matthew 13:44. Have you found Christ to be a treasure that brings more joy than any other possession you own?
8. Read Revelation 21:4. How does thinking of Heaven bring joy?
9. Read Nehemiah 8:10. In what area of your life do you need strength? Is the joy of the Lord enough to overcome the weakest areas of your life?