

# Why Me Lord?

Why me God? I wonder how often we raise our voices to shout out these words when in pain. How often have we questioned; why God? Why me Lord? Why my children? Why did you allow this to happen? Why this sickness? Why will you not heal me? Why? Why? Why? There are a thousand WHYS that snugly fit into a thousand reasons why we cry out in such a way to God. We know God cares and we are sure that he hears and answers prayer otherwise we would simply not bother to seek his help. However with every 'WHY ME' comes an underlying accusation that quietly says; you could have stopped this, why will you not heal me? Why did you cause this to happen to me?

1. What are some of the things that happen to you that cause you to say; “Why me, Lord?”
2. And why would you feel this way?
3. What are your feelings toward God when “Why me, Lord” events happen?
4. Do you totally trust God during these moments?
5. Do you believe that His ways are always just and fair?
6. Do you trust that His plans for you are for good and not for evil?

Think about the words to the following song that was popular a number of years ago and then consider some of the questions that follow.

Why me Lord, what have I ever done  
To deserve even one Of the pleasures I've known  
Tell me Lord, what did I ever do  
That was worth loving you  
Or the kindness you've shown.

Lord help me Jesus, I've wasted it so  
Help me Jesus  
I know what I am  
Now that I know that I've needed you so  
Help me Jesus, my soul's in your hand.

Tell me Lord, if you think there's a way I can try to repay  
All I've taken from you  
Maybe Lord, I can show someone else  
What I've been through myself  
On my way back to you.

Lord help me Jesus, I've wasted it so  
Help me Jesus  
I know what I am  
Now that I know that I've needed you so  
Help me Jesus, my soul's in your hand.

(Kris Kristofferson)

1. Why me Lord? Why would you bless my soul and daily laden me with benefits?
2. Why Lord, why would you forgive all my iniquities and heal all my diseases?
3. Why pick me out Lord? Why would you redeem my life from destruction and crown me with loving kindness and tender mercies?
4. Why God, why me Lord; why would you be merciful and gracious to me? Why would you be slow to anger and plenteous in mercy toward me?
5. Why Lord? Why have you not punished me according to my sins? Why have you not rewarded me according to my iniquities?
6. Why Lord? Why would you want to remove my transgressions as far as the east is from the west from me?
7. Why on earth would God care for us at all? Why would he consider us, sick or not? In poverty or plenty, why would he heal us, forgive us and save us, why?

- Perhaps it is about giving thanks to God for what He gives you rather than complaining about what you don't have.
- Perhaps it is about living in wonder at His goodness and mercy rather than floundering in doubt and self pity.
- Perhaps it is about realizing that no matter what we go through in life, be it sickness, pain, or poverty, or even death itself, Gods love will bring us through to victory.